to our neighbors

UCSF University of California San Francisco

Medicine as an Art

An unusual new program beginning this fall for third year medical students emphasizes an understanding of the practice of medicine as an art — an ability requiring psychiatric skills, finely honed sensitivity and responsiveness, and a superb understanding of human nature.

An understanding of the behavior of ordinary, non-psychiatric patients coping with illness is emphasized, rather than the physician's problems in dealing with patients whose maladies are of a psychiatric nature. A practical approach to problems is taught in the wards and clinics, and involves small groups of students.

The program, under the direction of Robert S. Wallerstein, chairman, Department of Psychiatry, was made possible by a $348,000 grant from the Henry J. Kaiser Family Foundation. The program coordinators are Drs. David H. Rosen and Martin Lipp.

Christmas Craft Fair

A five-day Christmas Craft Fair will be held December 4-8 in Millberry Union Lounge. Featuring photography, paintings, embroidery, macrame, graphics and other talents of UCSF employees, the fair benefits the campus Child Care/Child Study Center.

Providing full day care for 53 children — including neighborhood children — the Center is also designed to be a training and education resource center for community child care professionals.

Between $10,000-15,000 must still be raised to develop the playground. For further information contact Danuta Sek, 666-4318.

Free Running Clinic

Men and women of all ages are invited to attend a free running clinic starting on campus November 5 and ending December 17. A seven-member faculty, some of whom are marathon winners, will lead both discussions and runs at the clinic's seven Sunday sessions. Each session will start with a brief 30-minute discussion on selected topics at 10 a.m. at Kezar Pavilion, followed by appropriate stretching exercises and runs of varying distances in Golden Gate Park.

With particular attention paid to beginning runners, the program is designed to provide information, experience and support to persons interested in improving their overall health by running. Topics of discussion will be " Why Run and How to Get Started," Nov. 5; "Women Running," Nov. 12; "Fitness and Heart Disease Prevention," Nov. 19; "Running After 40," Nov. 26; "Nutrition, Exercise and Carbohydrate Loading," Dec. 3; "Smoking, Alcohol and Exercise," Dec. 10; and "Marathoning," Dec. 17.

The S.F. Health and Recreation & Parks Departments are sponsoring the clinic. Co-sponsors are Millberry Union, the UCSF Chapter of the American Medical Students Association, and the Office of Public Service Programs, directed by Tom Gwyn, coordinator of the clinic.

Bear-ly New

Come browse through the "Bear-ly New" Thrift Shop, a project of UCSF Hospitals Auxiliary, recently opened at 2512 Clement St., near 26th Ave. It features clothes, household items, and new merchandise from some of S.F.'s finest stores at bargain prices. For further information call 752-8773.

Asbestos Awareness

UC-San Francisco and the Northern California Cancer Program are cooperating in a local effort to increase awareness of the hazards associated with exposure to asbestos, and to identify and advise people who have come in contact with this material used for insulation, fire-proofing and other industrial work.

Exposure to asbestos increases the risk of several serious diseases including lung and certain gastrointestinal cancers. Cancer specialists are anxious to locate exposed individuals because steps can be taken to reduce the risk of some types of lung cancer. Treatment may involve special medical care for already weakened lungs. Persons interested in more information should call (800) 638-6694.

New 1979 Color Calendar

A color 1979 calendar featuring the artwork of children who are patients, ages 3-12 years, at Langley Porter — UCSF Psychiatric Patient Care and Research Institute — is being published by the Friends of Langley Porter. Sales will begin in November with the proceeds benefiting the Langley Porter Patients' Benefit Fund. For further information contact Joyce Farber, executive assistant, Friends of Langley Porter, 681-8080, extension 397.

(See other side for Calendar of Public Events.)

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Calendar of Public Events for November & December

FILMS

NOON FILMS

All films are free and shown on Tuesdays in Cole Hall, Medical Sciences Building, 513 Parnassus Ave. For further information call 666-2019.

Nov. 7: **Outdoor Adventuring Films.**

Nov. 14: **Dance Films.**

Nov. 21: **Doonesbury Special.**

FOREIGN FILMS

All Foreign Films are shown on Wednesdays in Cole Hall. Children under 14 $.75; UCSF Students, Millberry Union Members $1.25; General $1.75.

Nov. 1: **Small Change.** 7 & 9 p.m.

Nov. 8: Fellini's **Casanova.** 7 & 9:45 p.m.

Nov. 15: **Cria!** 7 & 9 p.m.

Nov. 29: **Romeo & Juliet** (England's Royal Ballet). 7 & 9:15 p.m.

Dec. 6: **Lies My Father Told Me.** 7 & 9 p.m.

COLE HALL CINEMA

Shown on Fridays in Cole Hall (unless otherwise noted). For admission charges, see Foreign Films.

Nov. 10: **The Goodbye Girl.** 7 & 9 p.m.

Nov. 17 & 18: **Coming Home.** 7 & 9 p.m.

Dec. 1: **Slaughterhouse-Five.** 7 & 9 p.m.

PERFORMANCES

Thurs., Nov. 2: **Mark Naftalin.** A blues-rock pianist. Cole Hall. Noon. Free.

LECTURES

Tues., Nov. 28: **Training of a Dancer.** Slide-illustrated lecture. 301 Health Sciences West (enter through Medical Sciences Lobby, 513 Parnassus Ave.) Noon. Free.

WORKSHOPS

For registration information on the first workshop call 666-2019. For the remaining symposia call 666-2894.

Mon., Nov. 6: **From Stress to High Level Wellness.** Women's Residence Lounge, Millberry Union, 500 Parnassus Ave. 7:30-10:30 p.m.

Sat. & Sun., Nov. 11 & 12: **Proposition 13 and Health Care: An Analysis of Impact.**

Sat. & Sun., Dec. 2 & 3: **National Symposium on Relicensure and the Continuing Education of Health Science Professionals.**

OUTDOORS UNLIMITED/ WILDERNESS EXCHANGE

Events are free unless otherwise noted, and need a week's advance registration. For further information on these events and others not listed call 666-2078.

Nov. 1: **Woodland Awareness Course starts.** Includes canoeing on the Sacramento River, Nov. 4 & 5, camping on the Mendocino coast, Nov. 18 & 19, ski touring in the Sierra, Dec. 9 & 10. $5.

Nov. 4: **Beermaking Course.**

Nov. 9: **Outdoor Fair.** Millberry Union Plaza. 11 a.m.-1 p.m.

Nov. 9: Feature Adventure film, **The Edge.** Cole Hall. 7 & 9 p.m. $1.50.

Nov. 15, Dec. 16-17: **Cross Country Ski Clinic.** $15.

Nov. 30-Dec. 2: **Mushroom Hunting Clinic.**

Dec. 3: **Motoring Geology Tour.** Pt. Reyes/ Occidental.

TOURS

CAMPUS TOURS

All tours are free and occur on Tuesdays at 1 p.m., Nov. 7, 14, 21, 28, Dec. 5, 12, 19, 26. Meet in the lobby of Medical Sciences Building. For further information call 666-4394.

BROWN BAG TOURS

All tours are free and occur on Wednesdays at noon in Room 664 Medical Sciences Building. For further information call 666-4394.

Nov. 1: **Pharmacology of Drug Abuse.**

Nov. 8: **Mind as Healer — Mind as Slayer.**

Nov. 15: **Home Safety During the Holidays.**

Dec. 6: **Mind Over Matter** (Weight control by behavioral modification.)

Dec. 13: **Stuttering.**

COMMUNITY HEALTH EDUCATION LECTURES

Thurs., Nov. 2: **Maintaining Physical Fitness.** Creative Retirement Program, St. Francis Lutheran Church, 52 Church St. 12:45 p.m.

Wed., Nov. 8: **Alcoholism.** Lincoln Park Presbyterian Church. 31st & Clement. 12:45 p.m.

Thurs., Nov. 16: **Health Myths.** 7th Ave. Presbyterian Church, 1329-7th Ave. 12:30 p.m.

Mon., Nov. 20: **Alcoholism.** The Temple Baptist Senior Center, 3355-19th Ave. 12:30 p.m.

Tues., Nov. 21: **Kidney/Urinary.** Congregation Adath Israel, 1851 Noriega. 11 a.m.

Tues., Nov. 21: **Dental Care.** First Baptist Senior Center. 21 Octavia St. 12:30 p.m.

Cancellations can sometimes occur. For further information call 666-2325 or 666-3022.

CHILDREN'S CHRISTMAS PARTY DEC. 13

Will feature a film, clowns, refreshments, games and even a visit from Santa Claus. Millberry Union Lounge. 6:30 p.m. Free.